



This Week's Program

Wednesday, January 29

"Trauma and Acute Care Surgery"

Douglas Fraser, M.D.

*Medical Director, Trauma at MemorialCare Long Beach Medical Center
and Miller Children's Hospital & Women's Hospital*

The Queen Mary - Grand Salon

LUNCH - 12:00 Noon

PROGRAM - 12:30 - 1:30 p.m.



At an early age, **Doug Fraser** was determined to become a firefighter or police officer. But in junior high, he learned about trauma surgery and quickly shifted his focus to medicine, going from an inquisitive 14-year-old to a "40-year-old" mindset to realize his dreams. Growing up in Dana Point, he went to Santa Margarita High School and volunteered as a candy striper at Saddleback Memorial Medical Center, coming face-to-face with death in the hospital. His EMS training would then begin at the University of Notre Dame, where he worked taking medical and fire calls during college.

Dr. Fraser is a fellowship-trained, board-certified trauma surgeon with Surgical Associates Acute Care Surgery, serving as Medical Director for Trauma at MemorialCare Long Beach Medical Center and Miller Children's & Women's Hospital since 2023, focusing on clinical care, policy development and education for improved trauma outcomes.

Dr. Fraser previously served as the Chief of Trauma at University Medical Center of Southern Nevada (UMCSN), a Level 1 trauma center, treating some of the most complex trauma patient cases. While in Las Vegas, he was instrumental in implementing REBOA (aortic balloon) and surgical rib fixation (rib plating) to his patients. In addition to his role as Chief of Trauma, Dr Fraser also directed surgical resident and fellowship-level postgraduate training programs, and also worked with the Las Vegas Metropolitan Police Department as a tactical physician to provide support to the SWAT team and Search & Rescue Officers.

New Rotarian Brings Leadership and Rotary Service to Long Beach

By Steve M. Hockett and Sarah Soriano, Anna's Sponsors



Anna King has lived in Long Beach for 21 years and retired 5 years ago. She has been involved in insurance industry associations at a leadership level. She was a member and instructor for the Insurance Educational Association (IEA), and with their partnership with the Workers Comp Association, served as WCA's President.

Anna was familiar with Rotary through the Rotary Club of Glendale. She recently responded to our digital membership outreach and has attended several lunch meetings. Her sponsors, Steve Hockett and Sarah Soriano, met her about 2 months ago.

Anna wants to give back to the Long Beach community and while using her degree in Psychology, she looks forward to doing more than is expected.

Welcome, **Anna**, to the Rotary Club of Long Beach!

Rotary Connections

By **Natalie Hale**, Fellowship Service Director

Please contact **Natalie** @ nhale@mediapartnersww.com or **562-335-5661**
if you can bring appetizers like cookies, chips, charcuterie or dips.



Rotary



Club of
Long Beach

PRESENTS

LONG BEACH ROTARY CONNECTIONS

NEW DATE

**THURSDAY
January 30, 2025
5:00PM - 7:00PM**

at the home of

Steve Hockett

5554 E. 6th Street, Long Beach, CA 90814

Join us for an evening of fellowship and learn about one of the largest and oldest service clubs in Long Beach! Are you interested in connecting with community-minded individuals, building lifelong friendships, and making valuable connections? Would you like to collaborate with others in giving back to the community and supporting those in need? Experience the joy of giving back while having fun with a purpose. Appetizers will be served, and it's BYOB!

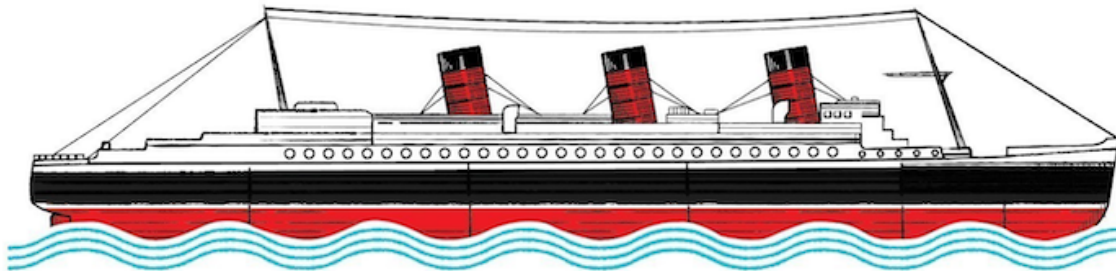
Please RSVP via evite.

www.rotarylongbeach.org



REV. 12.31.24

Save the Date - February 5 Private Evening Tour of The Queen Mary



On February 5 we won't have a lunch meeting but instead, a special evening meeting with a private walking tour on the Queen Mary.

Managing Director Steve Caloca will take us to rooms aboard the ship - an opportunity to see some of the private rooms not usually open to the public.

The cocktail reception will take place in the Sundeck Tea Room, with a great view of the sun setting over the ship's bow.

After a brief update, the private walking tour begins.

Cash Bar

Appetizers and tour: \$45
(Meal Plan applies)

Space is limited, so **RSVP before January 28.**

Wear comfortable walking shoes.

5:00pm – Cash Bar opens

5:50pm – Queen Mary update

6:15pm – Private Walking Tour begins

7:00pm – Return to Tea Room or depart for the evening

7:30pm – Enjoy the ship on your own

Sir Winston Churchill in his cabin aboard the Queen Mary. *



***Winston Churchill** with his diplomatic guests in his cabin – December 1951:

-**Walter Gifford**: US Ambassador to the United Kingdom 1950-1953; formerly President of AT&T Corporation 1925-1948

RCLB Super Bowl Party!

By Linda Josephine Rahn, RCLB Vice President



Super Bowl Party Announcement!



Join Us for the Ultimate Super Bowl “FUNDRAISING” Experience!

The Rotary Club of Long Beach invites you to our annual Super Bowl Party! Gather your friends, family, and fellow Rotarians for a fun-filled day of football, food, and camaraderie.

Date: Sunday, February 9, 2025

Time: Arrive any time after 2:30pm (Kickoff is at 3:30 pm)

Location: Home of Rotarian Deborah Williams

Address: Located in Rossmoor (address provided upon RSVP)

What to Expect:

- **3 Game Viewing Areas:** Catch all the action on one of 3 screens!
- **Delicious Food & Drinks:** Enjoy a delicious buffet of game-day favorites, including food from Naples Rib Co, sandwiches, snacks, desserts; beverages; Beer and Wine.
- **Fun Activities:** Participate in the football pool while cheering on your favorite team, sit poolside with friends to chat, or play a game of ping pong with fellow Rotarians.
- **Networking Opportunities:** Connect with fellow Rotarians and community members. Guests and prospective members are welcome!

Tickets:

\$45 per person ages 12+ (\$20 is tax deductible)

\$25 per person for Prospective members only, and kids under 12 yrs old.

Please be aware that the home has an uncovered, unfenced Swimming Pool. Children will need to be supervised at all times.

Your support funds our community projects and programs - Thank you!

RSVP by EVITE by January 31, 2025, to secure your spot now! You can contact Natalie Hale (nhale@mediapartnerswww.com). Payment due to the Rotary Club office by January 31.

Come cheer for your team and make lasting memories with the Rotary Club of Long Beach! We can't wait to see you there!

Let's make this Super Bowl a day to remember!



Rotary

Club of Long Beach





Friends and Family Welcomed To Attend
\$45.00 Per Person
\$25.00 Per Child Under 12
 (Parents Must Supervise Children)

Proceeds From the Party to Support the Rotary Club Service Projects



Rotary Superbowl Party

Join us for food, football and fellow-

February 9th at 3pm

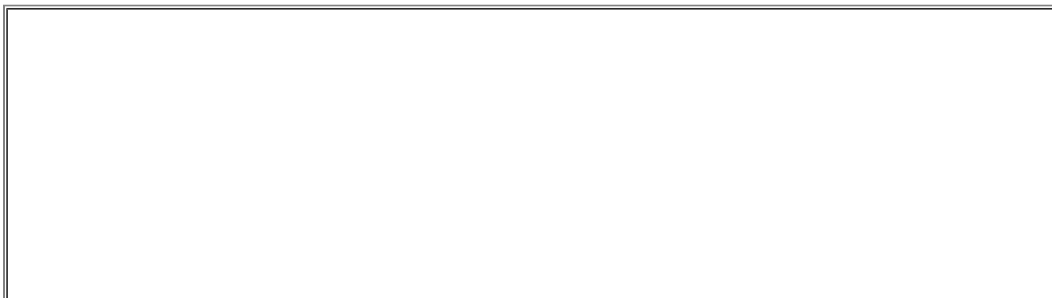
At the home of Rotarian Deborah Williams
 (Address on DACdb Online or Provided upon payment)

3 Separate Viewing Areas, A Buffet, Beer and Wine
 Please RSVP and Pay to the Rotary Office
 (562) 499-1752 by January 31st

Mozambique Water Wells Project Update for the Rotary Club of Long Beach

By Matthew L. Kinley, International Avenue of Service Director and David Lott, Mozambique Committee Chair

We're thrilled to share the incredible journey and impact of our Mozambique Water Wells Project! Here's how we've been turning dreams into reality:





Background:

Since 2016, with the help of local clubs and our international partner, the Rotary Club of Polana, we've built 9 wells in Mozambique. We're currently working on 5 more under Mozambique Grant IV, aiming to improve the lives of about 30,000 people across 14 communities.

The Big Picture:

Our mission is simple but profound: provide clean, safe water. This isn't just about hydration; it's about empowering communities to fight poverty, ensure food security, boost education, and enhance health.

How We Do It:

- **Community Involvement:** We hire local workers to drill and install hand-pump and solar-powered wells.
- **Education and Sanitation:** We've set up School Sanitation Centers and trained Community Oversight Committees to manage and maintain these resources.
- **Quality Assurance:** We ensure that water quality meets standards, making a real difference in daily life.

Past Grants:

- **Moz. 1** (2016) - 4 wells, \$100,750 raised, with \$6,490 from RCLB.
- **Moz. 2** (2020) - 3 wells, \$88,500 raised, with \$10,500 from RCLB.
- **Moz. 3** (2023) - 2 wells, \$59,800 raised, with \$15,561 from RCLB.
- **Moz. 4** (2024) - 5 wells, \$157,500 raised, with significant contributions from RCLB and the Long Beach Rotary Charitable Foundation.

Lessons Learned:

- **Maximizing Funds:** Using District Designated Funds can greatly increase our impact.
- **Navigating Bureaucracy:** Larger grants need more oversight, which we've learned to manage.
- **Fundraising:** It takes a village (or many Rotary Clubs!) to raise big funds.

Introducing Mozambique No. 5:

We're excited to propose **Moz. 5**, aiming to build 2 to 3 more wells with a budget of \$60,000 to \$90,000. We'll keep our momentum by seeking funds from individuals, clubs, and districts. Now that we have approval from the RCLB Board of Directors, we will begin the process to request \$5,000 from the Long Beach Rotary Charitable Foundation.

Why It Matters:

Every well we build is a step towards sustainability, health, and empowerment for these communities. It's about giving them the tools to thrive on their own terms.

Let's keep this beautiful project flowing! We look forward to your approval to continue this life-changing work.

With excitement and gratitude, **Matt Kinley & David Lott**

The RCLB and MOLAA Answer Fire Disaster Response

By Solimar Salas, MOLAA VP of Content, Innovation & Outreach

On behalf of Rotary Club of Long Beach and MOLAA, the dropped off items totaled an estimate of \$3,000 in basic needs and personal hygiene items, blankets and baby items - all delivered to the Rotary Offices in Orange.

Thank you for getting the word out to the Rotarians and a big thank you to all the Rotarians who contributed to the drive!



BIRTHDAYS - Click on Name and Send Greetings



[Jeff Kellogg](#)
January 30th



[Machelle Thompson](#)
January 31st



[William Albert Grella Jr.](#)
February 2nd



[Daniel Eufrazio Tapia](#)
February 4th



[Diane L. Donaldson](#)
February 4th

CLUB LEADERS - Click on Name and Send a Message or Question



[Steve M. Hockett](#)
President



[Katherine \(Kay\) Cofield](#)
Assistant to the President



[Braden James Phillips](#)
Assistant to the President



[Richard Gibson](#)
Vice President



[Lance R. Kenyon](#)
Vice President



[Linda Josephine Rahn](#)
Vice President



[Michael Rivard](#)
Vice President



[John E. Romundstad](#)
Secretary
Treasurer



[Roger Civalieri](#)
Sergeant-at-Arms



[Lisa Finn](#)
Sergeant-at-Arms



[Randall S. Kemner](#)
Sergeant-at-Arms



[Daniel Eufrazio Tapia](#)
Sergeant-at-Arms



[Whitney Leathers](#)
CCO-Club Comm. Offcr



[Lisa Ramelow](#)
CCO-Club Comm. Offcr



[Nancy Zwiers](#)
Career Service Director



[Timothy Aldrete](#)
Club Service Director



[Leslie Wiberg](#)
Community Service Director



[Natalie Hale](#)
Fellowship Service Director



[Matthew L. Kinley](#)
International Service
Director



[Sarah Soriano](#)
Membership Service Co-
Director



[Debbie Thorpe](#)
Membership Service Co-
Director



[Conor Kenneth Weir](#)
Youth Service Director



[Michele A. Dobson](#)
iPast President



[Kelly Ruggirello](#)
President-elect



[Wayne C. Slavitt](#)
President-nominee



[Madrid Zimmerman](#)
Club Director
Club Executive Secretary



[Donald E. Cochran](#)
Rotary International
Foundation Chair

EVENTS

January 29th, 12:00-1:30 PM
[Rotary Weekly Club Meeting](#)
Speaker: Doug Fraser
Subject: Trauma Center- MemorialCare

January 30th, 5:00-7:00 PM
[Rotary Connections](#)

January 31st, 2:00-3:00 PM
[RoToastados - Area E2 Competition](#)

February 5th, 5:00-7:00 PM
[Rotary Weekly Club Meeting](#)
Evening gathering: Queen Mary Social and Private Walking Tour
No lunch meeting. Brief update on the Queen Mary followed by Private Walking Tour

February 8th, 8:00-9:00 AM
[Centennial Park Clean-up](#)

February 9th, 3:00-8:00 PM
[Super Bowl Party](#)
Relax and enjoy the game together
\$45 covers Naples Ribs catering and donation to the LBRCF

February 12th, 12:00-1:30 PM
[Rotary Weekly Club Meeting](#)
Speaker: Chad Foerster, Systems Director
Subject: The Aerospace Corp.

February 13th, 2:00-3:00 PM
[RoToastados - A Rotary Toastmaster Alliance Club](#)

February 18th, 4:00-5:00 PM
[RCLB Board of Directors Meeting](#)

February 19th, 12:00-1:30 PM
[Rotary Weekly Club Meeting](#)
Speaker: Jim Michaelian
Subject: Grand Prix

February 26th, 12:00-1:30 PM
[Rotary Weekly Club Meeting](#)
Speaker: Gayl Murphy
Subject: "On Hollywood"

February 27th, 2:00-3:00 PM
[RoToastados - A Rotary Toastmaster Alliance Club](#)



Rotary Club of Long Beach
meets every Wednesday @ 12 Noon

THE QUEEN MARY
1126 Queens Hwy
Long Beach, CA 90802

***LB Skyline Photo Credit
Long Beach Convention & Visitors Bureau***

January 29, 2025 - Vol. 108, Issue 25

Club Office

Rotary Club of Long Beach
The Queen Mary
1126 Queens Hwy.
Silvania Room
Long Beach, CA 90802
562-499-1752

Rotary@RotaryLongBeach.org

Visit

[Long Beach Rotary](#)
[District 5320](#)
[Rotary International](#)

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Social Media Pages**

